# **GRAILUDE**

Immersive and interactive experiences to activate gratitude for teams and organizations







GRATITUDE CONSULTING



#### GRATITUDE EXPERIENCED **IS BETTER** THAN GRATITUDE EXPLAINED

There's something unique that happens when people experience and share gratitude together.

Gratitude grows. It deepens. It lingers.

Too many programs explain the benefits of gratitude. It's better to allow people to experience the Power of Gratitude. Workers and workplaces around the world are experiencing a multitude of challenges.

Fear and uncertainty abound. People feel isolated and alone; Disconnected and overwhelmed.

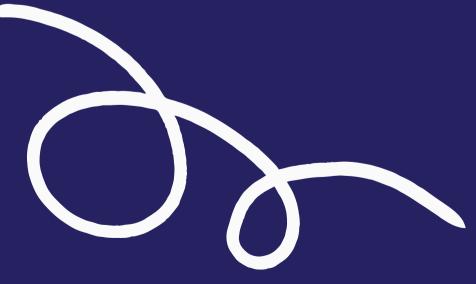
Leaders are looking for meaningful ways to connect, inspire, and equip their people with skills and experiences that help them cope, even flourish, during these challenging times.

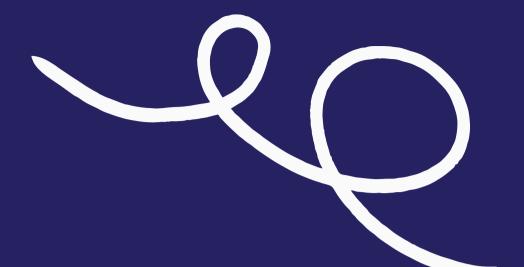
Gratitude is now an essential skill to successfully navigate the challenges of life and work.

#### IMMERSING **PEOPLE INTO GRATITUDE BETTER THAN** INFORMING THEM ABOUT GRATITUDE



### HOW WE HELP YOUR TEAM EXPERIENCE GRATITUDE









### 01 CO-CREATE

We work with you to co-create a Gratitude Encounter that incorporates your company's values and responds to your needs and challenges.

## 02 DELIVER

We design and deliver a 60-minute interactive and engaging Gratitude Encounter allowing your team explore, express, and experience gratitude together.



03

We conclude the Encounter with a tangible call-to-action inviting people to express gratitude in the workplace (and beyond) through sharing our I'M GRATEFUL FOR YOU cards.

#### I'M GRATEFUL FOR YOU

## MOBILIZE ACTION

## GRATITUDE INCREASES CONNECTION, ENERGY, AND JOY



Gratitude isn't magic! But sharing gratitude does have a magical effect on those involved.





Your Gratitude Encounter is professionally facilitated using interactive technology so that you and your team can experience the power of gratitude. You assemble your team, and we'll take care of the rest.



### TURNKEY SERVICE



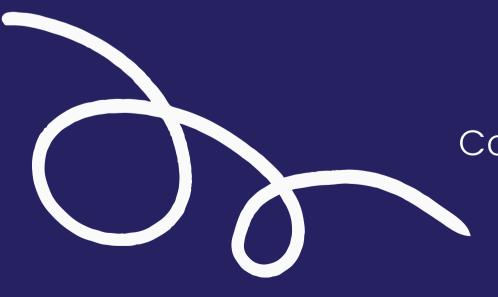
Refocused my attitude!

Affirming + Enjoyable!

Energizing!

Conviviality!

Illuminating + Inspiring!



Better Together!

Community, Connection, + Positive Energy

Enhanced my sense of belonging.

#### "Increased trust & reliability in our company."

A good recharge!





#### WHAT CLIENTS SAY:

"After such an emotionally hard year, the Gratitude Encounter I experienced with my closest colleagues was a much-needed opportunity to acknowledge our emotions and remind us of our blessings. I left the encounter with a sense of purpose, fulfillment, and pure joy. It's hard to capture all the feelings I had after the meeting but what I do know is I'd love to experience it again and again." – Laura Elmquist, Aprendamos, NM, USA

> "A huge THANK YOU from my wonderful team at BGO Residential Services. The gratitude encounter not only gave us an opportunity to share deeply with one another, but it also equipped us with a powerful tool to meet the challenges of day to day life! You can read about gratitude or you can **EXPERIENCE** it! We are so grateful to you for showing us how to experience it and live it! It's already made a positive difference for many of us. Thanks again." – Jim Dimanis, VP, BentallGreenOak, Canada





#### YOUR GUIDE: KEVIN MONROE

Kevin discovered gratitude as a personal practice in a dark season of life. He began hosting events that allowed others to experience the Power of Gratitude.

Today, he is a Global Gratitude Ambassador partnering with leading organizations across the world to know, grow, and show gratitude.





#### **SCHEDULE A CALL**

Your gratitude journey begins with a Discovery Call. +1-404-713-0713 or schedule an appointment at <u>http://zoommein.com</u>



"No amount of regret changes the past. No amount of anxiety changes the future. Any amount of gratitude changes the present." – Ann Voskamp







### Gratitude IS the gateway to abundance.





